

Obesity Diagnosis and Treatment

Review Report

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Article Title: Prevalence of Metabolic Syndrome Among Muslim Clergy in Sri Lanka

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The article is very interesting and has several notable strengths because it explores data concerning a complex field such as metabolic syndrome in general population.

All results are presented in a straightforward manner.

From my point of view it could be interesting to present the data concerning “misperception” in a more detailed form ie. to specify the percentage of obese (overweight and normal weight) who see themselves as normal or overweight or underweight and find possible correlations with biological data.

Furthermore it would also be useful to administer a photographic test (ie Figure rating scale) to confirm the “misperception”.

Finally in the future research it could be useful to administer a test for dietary attitudes (ie EAT 26) because eating behavior could be correlated with body image alterations and it could worsen the metabolic situation.

I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.